

GOVERNMENT POLYTECHNIC VALSAD

BRAHMASTRA

THE SPORTS FESTIVAL REPORT -2019

Sports plays an important role in educating students as it teaches them to become strong from inside and also develop a fit and sound body. Combining sports in education can help students to develop a self-motivating spirit to do things on their own and having ownership of these. Being actively involved in sports can help students relax from their daily routine of learning course syllabus and lessen the exam stress as well. It is a great medium to keep the mind, body and soul in sync and maintain a balance between work and play. Day to day practice in sports can help students imbibe leadership skills. Quality like tolerance, patience and tips to handle pressure is well taught by sports. It also teaches the value of team spirit and proficiency to share victory and defeat.

Sports, athletic and cultural events have been integral part of Government Polytechnic Valsad for years and its im memorial. So with the intention to see the hidden talents of the college students, sports week called BRAHMASTRA-2019 was organized from 02/2/2019 to 08/02/2019.

Inaugural function of BRAHMASTRA-2019 the sports festival was taken place by welcoming the honorable chairperson Principal sir Mr. C.H.Bhatt and Head of all the department of our college from the sports committee of Government Polytechnic Valsad, after that principal sir delivered the welcome address. Addressing the students, principal sir said how sport can be useful for the development for any individual also the importance of co-curricular and extracurricular activities along with the curricular activity. He advised student to participate in positive manner, good sportsmanship and enjoy the environment of sports. The inaugural function concluded with vote of thanks by the sports coordinator Mr. Dhiren P. Patel. Concluding the inaugural function hon. Principal sir Mr. C.H.Bhatt and head of all the department inaugurates the different sports organized at our college one by one.

The following events have been organized for the inter-class sports tournaments for students.

For Boys:

- CRICKET (TENNIS)
- KABADDI
- VOLLEYBALL
- TABLE TENNIS
- CHESS
- CARROM
- BADMINTON
- 100M SPRINT
- SHOT-PUT
- DISCUSS THROW
- JAVELIN THROW

For Girls:

- CRICKET (TENNIS)
- CARROM
- BADMINTON
- CHESS
- 100M SPRINT
- SHOT-PUT
- DISCUSS THROW
- JAVELIN THROW

For Teaching and non-teaching staff:

- CRICKET (TENNIS)
- CARROM
- BADMINTON

List of students participated in the different sports are listed below.

Sr. No.	Name of sport	No. of Participants	
		(BOYS)	(GIRLS)
1	CRICKET (TENNIS)	36 TEAMS, 2 FACULTY TEAMS	6 TEAMS
2	KABADDI	22 TEAMS	
3	VOLLEYBALL	32 TEAMS	
4	TABLE TENNIS	15	
5	CHESS	50	
6	CARROM	92	12
7	BADMINTON	78	18
8	100M SPRINT	70	20
9	SHOT-PUT	11	5
10	DISCUSS THROW	21	4

The winners of various events were awarded by the trophies, awards and certificate during the prize distribution ceremony on 17TH April-2019. The participants and important part of our event, volunteers for different sports were felicitated by the appreciation award by the principal sir.

Glimpses of BRAHMASTRA-2019 THE SPORTS FESTIVAL



